



2023 HealthTrust Board Retreat  
August 9, 10 & 11, 2023  
Mountain View Grand, Whitefield, NH

**Wednesday, August 9, 2023**

7:30 a.m. **Breakfast Available from 7:30-8:45 a.m.**

9:00 a.m. **Welcome and Opening Remarks**

*Daniel Rossner, Board Chair*  
*Scott Dunn, Finance & Personnel Committee Chair*  
*Susan Hilchey, Strategic Planning Committee Chair*

9:10 a.m. **HealthTrust – FY2023 Accomplishments and Looking Ahead**

**Presenters:** *Wendy Lee Parker, Executive Director*  
*Darlene Simmons, Engagement Manager*  
*Scott DeRoche, Acting Deputy Director*  
*Jeanne Herrick, General Counsel*  
*Jason Kalgren, Chief Information Officer*  
*George Tsiopras, Chief Financial Officer*

**Session Length:** 80 minutes

This session will celebrate the accomplishments of HealthTrust over the past year and provide a snapshot of programs and participation.

10:30 a.m. **Break**

10:45 a.m. **Primary Care and Behavioral Health Care – Options Now and in the Future**

**Presenter:** *Darlene Simmons, Engagement Manager*

**Session Length:** 105 minutes

This session will provide an update on Primary Care and Behavioral Health Care options for HealthTrust covered individuals. There are a few different models in place today for alternative care that can provide individuals with different tools and resources to support their needs. Services include chronic condition management, acute care, urgent care, as well as behavioral health and navigation services utilizing a combination of virtual and onsite support. This session will review in detail options available to HealthTrust to enhance the support and options available to Covered Individuals.

12:30 p.m. **Lunch**

**Wednesday, August 9, 2023 – Continued...**

2:00 p.m.

**Specialty Drug Copay Card Programs – Are They Impactful?**

**Presenter:** *Wendy Lee Parker, Executive Director*  
*Kim O’Leary, Brown & Brown*  
*Andrea Grande, Brown & Brown*

**Session Length:** 90 minutes

With Specialty Medications now exceeding 50% of HealthTrust’s total gross drug costs, it is important for HealthTrust to continually understand and evaluate new strategies designed to reduce costs while maintaining a comprehensive pharmacy benefit design to provide Covered Individuals with the right medications, at the right time while keeping benefit costs as low as possible. Specialty Drug Copay Card programs utilize an innovative plan design that allows plan sponsor costs to be offset by the value of manufacturer drug copay coupons and allows Covered Individuals to have a zero copay for specialty medications. This session will review the pros and cons of implementing this type of program within the HealthTrust membership.

3:30 p.m.

**Conclude**

6:00 p.m.

**Reception**

6:30 p.m.

**Dinner**

Dinner will provide a networking opportunity for the Board, guests, and staff.